

MODERN LUXURY

# MEN'S BOOK

THE MAGAZINE FOR THE  
MODERN GENTLEMAN

CHICAGO

## PITCH PERFECT

FORMER CUBS STAR KERRY WOOD  
ON THE GAME THAT MADE HIM &  
BUILDING A LEGACY BEYOND BASEBALL

*Plus*

BRIEF NOTES ON MEN'S UNDERWEAR  
SHIFT INTO SPRING WITH NEW CONVERTIBLES  
FROM ASTON MARTIN, JAGUAR & PORSCHE  
THE PERFECT WISCONSIN GOLF GETAWAY

**48 Home** A couple moves from the North Shore to Indiana and brings their car collection along for the ride.

### 05 / HEALTH & FITNESS

**59 Spotlight** Bucktown fitness studio SALT has designed workouts ideal for your jam-packed schedule.

**60 Tips** The latest in dental technology will leave you smiling.

**61 Profile** Dermatologist Omer Ibrahim is holding his own at the women-owned Chicago Cosmetic Surgery and Dermatology.

# 88



### 06 / ADVENTURES

**62 Spotlight** Swing by Geneva National for world-class golf options and stunning views of Lake Como.

**63 Itinerary** From the slopes to historic lodges with top-notch fare, spend a few days taking in all Telluride, Colo., has to offer.

**64 Getaway** An increase in direct flights to Sweden makes a weekend trip a possible reality, but you'll want to stay longer.

**66 Jet Set** Dive deep into the laid-back island luxury and expansive rum culture of St. Lucia.

### 07 / FOOD & DRINK

**69 Spotlight** Torali Italian-Steak brings midcentury elegance and top-notch cocktails to the Ritz-Carlton.

**70 Trends** All across the city, restaurants are adding a touch of unparalleled opulence to both the menus and the decor.

**74 Guide** The city's best source for dining and drinking

### 08 / BASHES

**83 Spotlight** Booth One opens with a star-studded fete.

**84 Bashes** Moncler shows off an exclusive new coat; World Sport Chicago hosts an art-filled evening; and more.

### 88 IN CONCLUSION

Robert Kurson explores a giant leap for mankind in his latest book, *Rocket Men*.

# Safe Harbor



From left: An aerial view of the resort, marina and hurricane hole bay; the larger of the resort's infinity pools offers a multitude of relaxation options.

With its picture-perfect "hurricane hole" bay, St. Lucia's Marigot Bay Resort & Marina by Capella has been an in-the-know choice for some land-side relaxation for Caribbean sailors for decades. But the hotel and marina's unparalleled water access offers elite landlubbers the opportunity to experience a touch of the luxury yachting lifestyle as well.

BY MIKE ESPINDLE



**M**arigot Bay Resort & Marina by Capella should not be confused with a typical secluded Caribbean jungle and beach luxury resort—and that is by no means a negative. While the property offers a handy water taxi to a tidy local beach across the bay, and the small but potent Auriga Spa offers some of that tucked-away vibe, a retreat here delivers all the touch points of tropical relaxation amid a bustling, high-end, deep-water marina operation.

Marigot Bay's designation as a protected hurricane hole, with dramatic mountain slopes on three sides and a narrow outlet to the sea, has brought the upper end of private superyachters here for years. During my stay, I spotted notable builds from Sunseeker, Broward and Perini Navi at the resort's

well-serviced docks. Along with its collection of provisioners and boutiques (swimwear design firm Heidi Klein is a popular stop), the full-service marina village can accommodate yachts up to 280 feet with a 20-foot draw on 42 berths and 20 moorings. Making the marina even more of a nexus, the new Hurricane Hole restaurant, helmed by resort executive chef Billy Boyle, recently opened, offering locally inspired cuisine and inventive drinks in consummate laid-back dockside ease.

Bottom line: You really need to get out on the water to fully experience the property's appeal. The hotel can arrange a sightseeing cruise aboard one of outfitter Saltwater Services' fleet of immaculately maintained Bertram vessels. Cruise to the bustling town of Soufrière and take in the majestic Pitons that the island is so famous for. For anglers, St. Lucia's waters are building up a reputation as a marlin hot spot, but wahoo, snapper and dorado

are also abundant. Water-themed hiking, diving and nature excursions are all on offer as well as the hotel's menu of land-based adventures.

Time ashore offers impeccable accommodations in 124 guest rooms and 57 particularly commodious suites (some with private balcony hot tubs), all offering terrific bay or resort foliage views. Room interiors are all cleanly modern, with an appealing Caribbean vibe that doesn't go over the top. A signature 3,200-square-foot three-bedroom penthouse suite is top digs, with a fully equipped kitchen and all the comforts of a well-appointed home. Staff and service levels are top-notch as well; St. Lucia's overall nature is welcoming and warm, and the well-trained staff all exhibit that spot-on blend of personal and professional. Both Dennis and Ron, for example, who manage the resort's charming Rum Cave bar, are world-



From top: Dining tables are lit from the candles around the pool; main restaurant; room; view from a private Caribbean gazebo.

class mixologists and rum savants but also greet customers with local charm, insider info and a warm “*sa ka fete*” (the local French-Creole greeting).

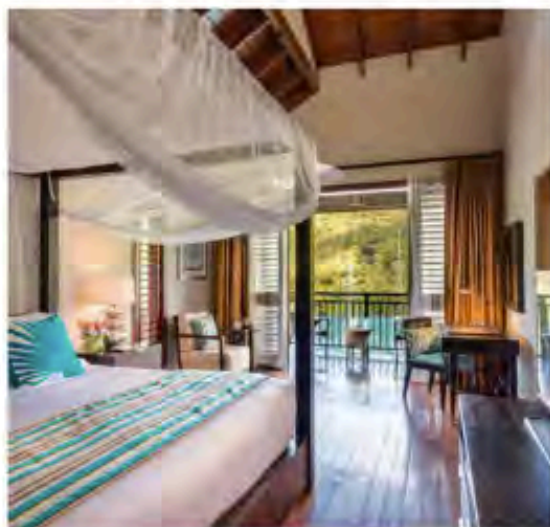
Above the rare spirits-equipped Rum Cave location, the superb Grill at 14°61° maximizes relationships with local farmers and fishermen to offer up a splendid menu of Caribbean-inflected modern cuisine as well as purely Carib-favorite local dishes for breakfast and dinner. Think braised short rib with cocoa or fresh grilled snapper for dinner, and if it’s on offer, don’t miss the local salt fish and bake (Caribbean johnnycakes) for breakfast. Private dining options include a romantic outdoor patio adjacent to the restaurant and a unique “treehouse” deck tucked back in the spa area for some more arboreal privacy if so desired.

For relaxation off the water, Marigot Bay Resort & Marina by Capella’s two infinity pools with poolside bars (a larger one the floor above the dock level and a smaller adults-only retreat just above dock level alongside the Rum Cave) offer private cabanas and full bar and lunch menus, specializing in delicious local sushi. The pool areas host impromptu events during the day as well. During my stay, staff came around with fresh coconuts, machete-trimmed right in front of you, for a delicious quencher midday.

The resort hosted an international mai tai challenge event while I was there, sponsored by the local distillery (see the

sidebar). Top bartenders were flown in from around the world—the U.S., Portugal, Sweden and elsewhere—to concoct a perfect modern interpretation of the mai tai with local spirits and ingredients. The rum and fun flowed well into the night, but beyond that, the event showcased the property’s elegant flexibility, making it a perfect destination for a wedding or other private event or gathering.

While you can certainly zone out and catch up on reading and rays, the real heart of the property’s appeal beats pure salt water. And with so many options to experience St. Lucia’s culture and stunning topography, getting your feet wet at this French-Creole outpost is strictly *de rigueur*. *Bay-view rooms from \$839 per night, bay-view suites from \$1,039 per night, three-bedroom penthouse suite from \$3,600 per night, marigotbayresort.com* ■



## RUM DIARIES

Like many Caribbean nations, St. Lucia’s relationship with the rum trade is complicated. While the island’s single remaining distillery, St. Lucia Distillers, never stopped producing top-level spirits, new ownership and investment are propelling the little-known local rums into the spotlight with a combination of cutting-edge distilling, renewed cane-based agriculture techniques and a large portion of traditional know-how. Now under the ownership of Groupe Bernard Hayot, the consortium that put nearby Martinique’s fabled Rhum Clement on the map for high-end aficionados, replanting and harvesting of native cane fields has begun, adding a distinctive local flavor to the company’s spirits. Marigot Bay Resort & Marina’s Rum Cave is a perfect starting point to savor these local grogs, and the hotel can arrange distillery tours as well. [stluciarums.com](http://stluciarums.com)

**St. Lucia 1931:** With a bold pink label, this fifth commemorative special edition blends distillates between 6 and 12 years old for a complex profile with fresh notes of fruit and oak spice. Until recently, you would have had to hit a rare rum website to snag a bottle outside of St. Lucia. \$100, Binny’s, 132 S. Jefferson St., 312.341.9361

**Admiral Rodney:** The distiller’s multiaward-winning flagship spirit is a purely molasses-derived, 12-years-aged dark rum. Matured in bourbon casks, Admiral Rodney is notoriously smooth on the palate. \$57, Binny’s, 132 S. Jefferson St., 312.341.9361

**Chairman’s Reserve:** A blend of double pot-distilled and continuous distilled spirits, this more entry-level rum is also an award winner and lends itself perfectly to rum cocktails as well as sipping pleasure. \$50, Binny’s, 132 S. Jefferson St., 312.341.9361

