

# BRIDES

WELLNESS

## FOMO Alert! The World's Most Unique Pre-Wedding Spa Treatments

*These state-of-the-art services are anything but basic.*

By Lindsay Cohn Updated on March 1, 2018

After months of wedding planning and the stress that comes with it, what better way to reboot than with a spa day (or perhaps even a **wellness weekend**) with your **bridesmaids**? While we're certainly not knocking a good old-fashioned rubdown, if you have the time (and the moolah) to travel the world for a bit of pampering, these are the state-of-the-art services that should be on your radar.

Some of these treatments feature cutting-edge tech, while others put the emphasis on personalization. And then there are those that rely on exotic ingredients or ancient science. Needless to say, it doesn't get more indulgent than this.

From bespoke somatotype therapies to wine-infused **facials**, these are the most unique ways to get pampered **around the world**.



Courtesy of The Allison Inn & Spa

## Divine Wine Facial at The Allison Inn & Spa

Looking to unwind between [wine tastings](#)? [The Allison Inn & Spa](#), in the heart of the Oregon's Willamette Valley, goes straight to the source—the on-property vineyard—for their trademark pinot-therapies. The Divine Wine Facial harnesses the beautifying benefits of grapes in a luxurious mask, serum, and moisturizer that leaves skin youthful and radiant.