

Excerpt! **BRAIN BOYS: MICHAEL LEWIS'S NEW BOOK**

VANITY FAIR

DECEMBER 2016

PLUS

The Devil
in the
VATICAN

Witness
to a Terrifying
Exorcism
by
WILLIAM FRIEDKIN

AND

The Daily Show's
ROCKY BIRTH

An Oral History
by
CHRIS SMITH

Adele

Raw. Real. Funny. Where's *Her* Nobel?

By LISA ROBINSON Photographs by TOM MUNRO

"IF YOU
CANNOT TEACH
ME TO FLY,
TEACH ME TO
SING."
—J.M. Barrie

ALSO

The
DESIGN GENIUS
Remaking London
and New York
by PAUL GOLDBERGER

{ From **VEGAN FOOD**
QUEEN to FUGITIVE }

by ALLEN SALKIN

Brideshead
Reunion
by MICHAEL
LINDSAY HOGG

Beauty
JET-SET
SPA ESCAPES



1

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Relax and rejuvenate
at these remote,
and luxurious, locales ...

1 Canyon Ranch Wellness Resort at Kaplankaya

Where: Kaplankaya, Turkey. **Latest Treatment:** Massage plus warm pool equals the **Watsu Aquatic Experience**. The soothing combination addresses chronic back pain, arthritis, sleep disorders, and more. **Best Time to Go:** June through September. **How Much:** Spa treatments range

from \$60 to \$1,035. (canyonranch.com)

2 Amanemu

Where: Ise-Shima National Park, Japan. **Latest Treatment:** Be one with nature (literally) at the newest Aman resort. **Amanemu Seasonal Journey** for winter uses seasonal *Kampo* (medicinal) herbs, essential oils, and a natural hot spring to refocus the mind. **Best Time to Go:** Year-round.

How Much: Spa treatments range from \$120 to \$690. (amanemu.com)

3 FX Mayr Health Center

Where: Maria Wörth, Austria.

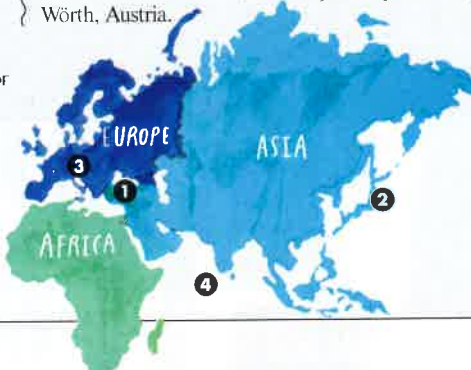
Latest Treatment: **Mayr Pre-Lab** is an analysis of your blood and egesta before you arrive, to personalize your cure plan for optimum results. The lakeside destination is where classic philosophies

meet cutting-edge programs. **Best Time to Go:** Year-round. **Cost:** Mayr Basic one-week stay, excluding accommodations, starts at \$1,400, plus add-ons. (Mayr Pre-Lab costs \$840.) (original-mayr.com)

Treatment: The **Ultimate Maldivian Halfa** (*halfa* means “ritual” in Dhivehi, the local language) pampers the face and body with warm coconut oil, seashells, and enzymes, and is the spa’s signature treatment. Having the Indian Ocean for a backdrop doesn’t hurt, either. **Best Time to Go:** November through April. **How Much:** Spa treatments range from \$65 to \$2,125. (stregis.com) —SUNHEE GRINNELL

4 Iridium Spa at the St. Regis Maldives Vommuli Resort

Where: Vommuli island, Republic of Maldives. **Latest**



MAP BY GRACE LEE, FOR DETAILS, GO TO VF.COM/CREDITS